



Power Couple Series: Mr. Madhwesh & Ms. Pavithra



Madhwesh is a Company Secretary by profession and a specialist in corporate laws, corporate governance, and SEBI regulations. He is the visionary Founder Director of Accrescent Managed Services Private Limited, a firm providing a one-stop solution across the legal and finance domains. Beyond his professional practice, he is an educator, sharing his expertise as a visiting faculty member at the HAL Management Academy and formerly at NMIMS. He is an Executive Partner at Madhwesh Prathap and Associates, a firm that serves as a secretarial auditor for companies listed on the stock exchanges. He is also the founder of the study forum Vedic Tribe and the training institute Vangmana Prathishtana, and a two-time President of Vagmita Toastmasters Club.

Pavithra P. is a distinguished legal and corporate governance expert, transformational trainer, and behavioral strategist with over a decade of multifaceted experience. She is the Founder Director of Accrescent Managed Services Private Limited, a pioneering firm offering one-stop solutions in legal and accounting domains. With academic credentials including a Bachelor of Commerce and LLB from the University of Mysore, and recognition as an Associate Company Secretary from the Institute of Company Secretaries of India, Pavithra has held key leadership roles such as Company Secretary and Legal Officer at Bank Note Paper Mill India Private Limited, a joint venture of the Reserve Bank of India and the Government of India. Her boardroom influence spans several organizations, including her current role as Independent Director at Happy Square Outsourcing Services Limited and Synthetic Packers Limited, and past directorships at BPL

Limited (a BSE and NSE listed company). Pavithra is a Certified POSH Trainer under the Sexual Harassment of Women at Workplace Act, 2013 and has conducted 85+ batches of POSH awareness programmes and 10+ skill building workshop for members of the Internal compliant committee. She also acts as external member of ICC committees. She is a Master Practitioner of Neuro-Linguistic Programming and developer of Meta Psychology Hacks, a breakthrough framework integrating behavioral science with corporate strategy—earning her the Saadhak Award for innovation in NLP and Company Secretarial practices. As a Visiting Faculty at HAL Management Academy and NMIMS – Narsee Monjee Institute of Management Studies, Pavithra inspires future leaders with her unique blend of legal acumen, psychological insight, and transformational energy.

Visit to the Palliative Care Centre – A Heart-Touching Experience



The need of palliative care is essential in management of chronic diseases as they are incurable and result in physical, psychological, socio-economic strain to individuals and their families. Pain is one of the most prevalent symptoms at the end of life: No human being wants to go through suffering and pain at the end of life. Palliative Care is about providing care, support and treatment to ensure dignified death of the patient. LAST Wednesday's visit to the Palliative Care Centre, an experience that left everyone deeply moved and inspired.

The visit was not just an act of service but also a journey into understanding compassion, dignity, and care for those facing life-limiting illnesses. The Centre, dedicated to providing holistic care and comfort to patients in their final stages of illness, is a place where love and empathy are as vital as medicine. Our Rotarians were warmly welcomed by the staff, who shared insights about the centre's mission—to ensure that every patient lives their remaining days with peace, comfort, and dignity. Midtowners interacted with patients and caregivers, offering words of encouragement and spending quality time with them. Many Rotarians were visibly touched by the resilience and positivity displayed by the patients despite their challenges. Our most generous dist secretary Rtn Raghavendra graciously donated Rs 50000/ as a token of compassion, moved by the service our new Rtn Srinivas also donated Rs 5000/. Medicines and consumables were donated from our club. Speaking on the occasion and a powerful power point presentation by Dr Vibha who is the back bone of the centre spoke about the challenges they have to face not only treating the inmates who are

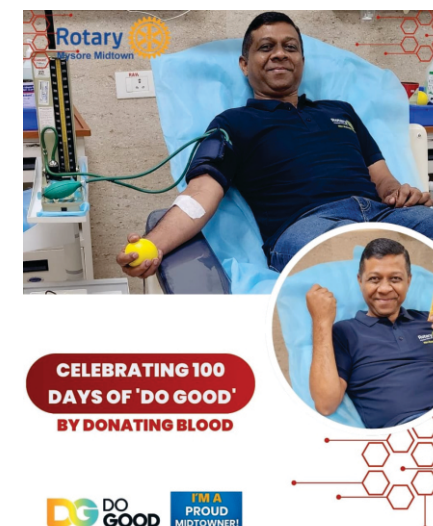
mostly cancer patients who are living the last stage of their lives, they are admitted for a maximum 4-5 days and their caretakers are trained to take care of their loved ones once they are back to their homes. Dr Vibha highlighted that they have taken care of close to 13000 patients from the time the centre came to existence in the year 2017. She also said that the centres care does not end on the death of the inmate but goes beyond that as the families who have lost a loved one are devastated not only by their loss but financially and emotionally. Speaking on the occasion the head of the palliative care centre Mr. Ramakrishna Mudre said that just as we plan the birth of a child why not plan for death also as death is certain. An example of the panipoori plate where the first panipoori tastes good and by the time the 6th one is consumed the taste deteriorates – then why not give the 6th paani poori to someone who has not tasted one. A simple yet profound example. The inspiration behind opening the palliative care centre for him was an old lady Puttalakshmi aged 85 years who was taking care of her daughter 52 years suffering with breast cancer. He concluded by a hindi proverb “jab tak zinda hoon chinta ki baat nahin, Saala marne ke baad koi

chinta karne waala hi nahin.” A very simple saying which has a powerful meaning. The visit also highlighted the selfless service of the medical staff and volunteers, whose dedication and compassion truly embody the spirit of humanity. Their tireless efforts remind us that palliative care is not just about medical support but also emotional, psychological, and spiritual comfort. As Rotarians, the experience reaffirmed our commitment to “Service Above Self.” It was a

powerful reminder that true service lies in touching hearts, bringing comfort, and offering hope where it is needed most. The visit concluded with a sense of gratitude and renewed purpose—to continue supporting such noble initiatives and to spread awareness about the importance of palliative care in our communities.



Rotary Mysore Midtown adopts animals at the Mysore Zoo. To mark 100 days of service this year, members made a donation to adopt ring-tailed lemurs. A display board featuring the club's name will be unveiled soon, further enhancing its public image. Thanks to all the generous donors!



Informal board meeting at SPR Tindies on 12th Oct celebrating 100 days of 'Do Good'



**3rd Zonal co-ordination meeting led by AGs
Rtn.Naveen Chandra &
Rtn.Harish (RC Ivory City)
on 9th Oct 2025
at Hotel Zentora**



Joint meeting with RMB

**WORLD
POLIO DAY
24 OCTOBER**



*Birthdays &
Anniversaries*



Next Week in Midtown

22nd Deepavali meeting Postponed, Details will be shared



Rtn. Francesco Arezzo
President - Rotary International



Rtn. Ramkrishna P K
District Governor RI-3181



Rtn. Rakesh Babu K L
President 2025-26



Rtn. Bhaskar Sainik
Hon. Secretary 2025-26



Rtn. Sulaiman Sait
Editor 2025-26